



# Flatiron

182 Fifth Ave ● 3rd Floor ● Btwn 22nd & 23rd ● (212) 206.9400

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:30	6:30		6:30		6:30		
7:00		7:00		7:00		7:00	
7:30							
8:00							8:00
8:30	8:30		8:30		8:30		
9:00						9:00	
9:30		9:30		9:30			
10:00							10:00
10:30	10:30		10:30		10:30		
11:00						11:00	
11:30		11:30		11:30			
Noon							12:00
12:30	12:30		12:30		12:30		
1:00						1:00	
1:30		1:30		1:30			
2:00							2:00
2:30							
3:00						<b>3:00</b>	
3:30	3:30	3:30	3:30	3:30	3:30		
4:00							4:00
4:30							
5:00						5:00	
5:30		5:30		5:30			
6:00	6:00		6:00		6:00		6:00
6:30							
7:00							
7:30		7:45		7:45			
8:00	8:15		8:15		8:15		

Classes are 90 Min  
Updated 4/10/2009

**Red Classes are for New Students ● Phone Reservation Required**